

OAT AND APPLE PRETZEL DOG TREATS

★★★★★

COURSE: DOG TREATS CUISINE: DOG TREATS

PREP TIME: 20 MINUTES COOK TIME: 30 MINUTES

TOTAL TIME: 50 MINUTES SERVINGS: 15 TREATS CALORIES: 91KCAL

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Oat and Apple Pretzel Dog Treats are a cute and simple pet treat that you can make for your pup or for a homemade gift for friends. Treat your pet to these cute and easy treats!

EQUIPMENT

- [Kitchen Scale](#) (optional)
- [Baking Sheet](#)

INGREDIENTS

- 1 free range egg 50 grams
- 1 cup unsweetened applesauce 250 grams
- 2 cups [Bob's Red Mill Gluten Free Oat Flour](#) 240 grams
- $\frac{3}{4}$ cup [Bob's Red Mill Gluten Free Old Fashioned Rolled Oats](#) 75 grams

INSTRUCTIONS

1. Preheat oven to 350°F. Line a baking sheet with parchment paper and set aside.
2. Using a hand whisk, beat the egg and set it aside.
1 free range egg
3. Combine the applesauce, oat flour, and rolled oats in a large bowl. Pour all but 1 tablespoon of the egg over the mixture and set aside the remaining 1 tablespoon of egg.
1 cup unsweetened applesauce,
2 cups Bob's Red Mill Gluten Free Oat Flour,
 $\frac{3}{4}$ cup Bob's Red Mill Gluten Free Old Fashioned Rolled Oats
4. Using a wooden spoon, stir the mixture until a dough forms. The dough should be tacky but not overly sticky. Add a bit more or less flour if necessary.
5. Take a 2-tablespoon-sized piece of dough (approximate) and roll it into a tube. It should be about 10 inches long and about the width of a pencil.
6. Take each tube and make into a U shape, then twist the ends together and fold back to the top. This makes the pretzel shape. Pinch the ends in to make sure they're secure.
7. Place the pretzels onto the baking tray. Brush the top of each pretzel with the remaining egg.
8. Bake for approximately 25-30 minutes, until they're slightly browned and become crispy. The pretzels should be pretty hard, just like pups love them!
9. Remove from the oven and allow to cool before serving.
10. Store in an airtight container for up to 2 weeks.